

### **BREAKING FREE**

Almost 20% of murder victims are killed by intimate partners, and Unsilenced Voices founder Michelle Jewsbury nearly became one of them. Trapped in a cycle of domestic abuse, she endured her partner's violent outbursts and empty apologies, while being isolated into silence. In December 2015, Michelle broke free from her abuser and began sharing her story. Today, as the founder and CEO of Unsilenced Voices, she is dedicated to combating domestic and gender-based violence worldwide.

# **TRANSFORMING LIVES & EMPOWERING SURVIVORS**

Uplifting survivors of domestic violence, sexual abuse, and human trafficking through advocacy, education, and support, Unsilenced Voices seeks to end abuse and help survivors reclaim their lives through faith-based values

# **MISSION & VISION**

Our mission is to rehabilitate domestic violence victims and raise global awareness for lasting change. Our vision is to inspire global change by empowering victims to break free and encouraging survivors to speak out.

# **SPEAKING OUT**

Unsilenced Voices exists to break the silence and end the cycle of domestic and gender-based violence. We invite you to join us in creating a world where we can share our stories of survival, celebrate our safety, and stop the cycles of abuse.

# WE OFFER



SAFF SHFITER



**COUNSELING SUPPORT** 



**HEALTH SERVICES** 



**CULTURAL & VOCATIONAL TRAINING** 







## DOMESTIC VIOLENCE DEFINED

Domestic violence is "the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. This includes physical violence, sexual violence, psychological violence, and emotional abuse (National Coalition Against Domestic Violence; NCADV.org, 2019)." The term "intimate partner violence (IPV)" can also be used as abuse often extends beyond the home and or partners may not live together.



### **POWER & CONTROL**

Power and control are the hallmarks of abusive relationships. The graphic above shows common abusive tactics and behaviors. It is important to note, every situation is unique and every behavior may not be present in a given abusive relationships. Domestic violence occurs across all types of relationships therefore any pronouns could be used above.

"Intimate partner violence and sexual violence is a major public health problem and a violation of human rights."

> **WORLD HEALTH** ORGANIZATION (WHO), 2017



U.S. domestic violence injuries receive medical care

Women experiencing IPV worldwide report to police

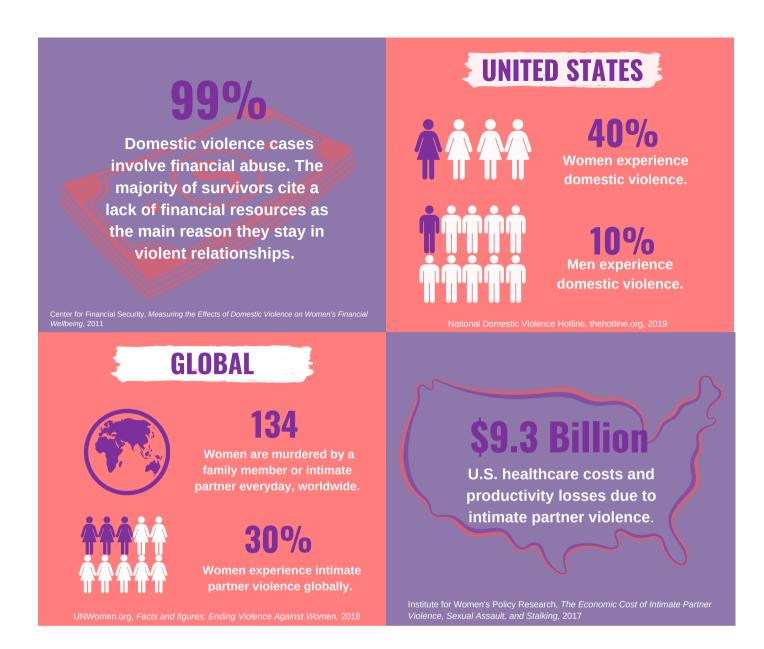
U.S. men experience severe oio instance partner violence

National Coalition Against Domestic Violence, NCADV.org, 2019. World Health Organization, WHO Violence Against Women Fact Sheet, 2017









# DOMESTIC VIOLENCE IS PERSONAL, NOT PRIVATE

In the United States and abroad, victims of domestic violence are silenced not just by their abusers, but by cultural beliefs that domestic violence is a "private" or "family matter." These beliefs isolate victims, often times allowing violence to escalate.

The United Nations reports that less than 40% of women experiencing domestic violence seek help. The majority of those women reach out to friends or family with less than 10% reaching out to police after experiencing violence. Where Unsilenced Voices formerly operated in Ghana, the Deputy Coordinating Director of the Domestic Violence and Victim Support Unit believes that the actual percentage of people who experience domestic violence is at least double what is reported on surveys. Driving the differences between reported domestic violence and actual domestic violence incidents are beliefs that domestic violence should be handled by family, not law enforcement. Such beliefs more often protect abusers than victims or survivors.







# What We Do Where We Are

Unsilenced Voices empowers survivors of domestic violence, sexual assault, and human trafficking through advocacy, education, and support services. We work to break the cycle of abuse and give survivors a platform to share their stories, reclaim their power and live a life free of violence. Although Unsilenced Voices is non-secular, we remain steadfast in our adherence to faith based values and principles.

#### Our current work includes:



### **UNITED STATES**

Our U.S. Curriculum, "Graced for Prosperity," offers a comprehensive guide for organizations and educators to support survivors of domestic violence, sexual abuse, and trafficking, featuring a PowerPoint, workbook, and training. The curriculum can be found at no-cost on Unsilenced Voices website. The organization is raising funds to build a day center with wrap-a-round services.



### SIERRA LEONE

In Sierra Leone, our work focuses on providing education, assistance, and comprehensive support for survivors of violence. Our flagship "Sponsor a Survivor" program offers essential support like vocational training, medical care, and counseling services. The program is named after Matilda, who was the first enrollee, until her passing from AIDS. We are fundraising to build a school with housing component.

#### Our former work includes:



### **GHANA**

We partnered with the Ark Foundation to support their crisis shelter for women escaping abuse, aiding their mission to rehabilitate domestic violence victims. Unsilenced Voices also conducted sensitization trainings with the Kayayei Youth Association.



### **RWANDA**

In partnership with AIMPO and IDA Rwanda, Unsilenced Voices raised awareness on domestic violence and sexual abuse in rural areas and engaged youth through SPEAK clubs in schools. We supported GBV survivors with business grants, monthly educational seminars, and vocational training, while continuing as fiscal sponsors for AIMPO Rwanda

# **JOIN US**

Founded by domestic violence survivor Michelle Jewsbury, Unsilenced Voices supports survivors in the USA and Sierra Leone. With essential partners, we strive to break the silence on domestic violence, sexual abuse, and trafficking to build a safer future.

Join us in expanding our programs and partnerships to support survivors and communities.

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